#### **BUCKWHEAT**

BOTANICAL NAME :- Fagopyrum esculentum

FAMILY :- Polygonaceae

LOCAL NAME :- Jarain

HINDI NAME :-



## **HABITS AND HABITATS:-**

A Herbs living in usually damp and moist condition. It can also grows in almost all condition, that is why it is found everywhere as a weed.

## PLANTS DESCRIPTION :-

The plant bears a large simple and fleshy leaves on its hollow stem. The stem is stipulated and soft. The tips of the aerial stem result in a bunch of inflorescence resembling the wheat.

## PARTS USED:-

The leaves and the stem.

## **MEDICINAL PROPERTIES AND USES:-**

The leaves is grinded into paste and applied into fracture bones

# PRODUCTION TECHNOLOGY:-

Cultivated in well-drained, sandy soil in sun propagation. By seed sown in spring. Leaves and flowers are collected as flowering begins and dried for infusions and tablets. Seeds are harvested when ripe and dried for use whole or ground. Buckwheat products are stored in the dark, because their properties deteriorate rapidly on exposure to light.